

Summary of Health Issues in South Africa

Wednesday, 6th April 2016

Firstly, issues of mental health are discussed, largely complaints pertaining to medical aid schemes not paying out for other mental disorders other than bipolar and schizophrenia. A startling figure resulting from a research done by the University of Cape Town said a massive three quarters of those requiring mental illness aid were not receiving it.

RESEARCH: TAMAR KAHN: BD LIVE, 6TH APRIL 2016

Moving on, of grave concern is the incidence of children as young as five years old having type 2 diabetes, which is usually an affliction of overweight adults. According to the World Health Organisation, by 2030, diabetes will be the 7th leading cause of death.

80% of these fatalities are recorded as being in low/middle income countries, South Africa included.

RESEARCH: TANYA FARBER: THE TIMES, 6TH APRIL 2016

Although the major factor in nutritional problems in Africa is malnutrition leaving those effected open to mental, physical and infectious disease, rapid increases of obesity amongst the rich and the poor is evident. Obesity results in diabetes, heart disease and hypertension. Massive investigations are underway throughout various parts of the world to curb this ever increasing problem.

RESEARCH: DAVID SANDERS, LUNGISWA TSOLKILE, MARK SPIRES & THANDI PUOANE:-
MAIL AND GAURDIAN, 6TH APRIL 2016

Finally the last issue addressed on this day was related to Pfizer and tax relief issues pertaining to pharmaceutical giants.

RESEARCH: JONATHAN D ROCKOFF, LIZZ HOFFMAN AND RICHARD RUBIN: WALL STREET
JOURNAL, 5TH APRIL 2016